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Canadian Birkie News

Ready to Fall Into the Birkie?

Fall (Autumn) starts tomorrow at 1240h! In this special edition, some news on how you can prepare for your 2024 Birkie experience. When is the Birkie? The Canadian Birkie Ski Festival runs from February 9-24, 2024, and the Birkebeiner is February 10, 2024.



Winter Training

Whether you plan to ski the full 55 km course, other distances or ski virtually; preparation is key to get ready for the 2024 Birkie Adventure. This year you can get ready with one of these three Birkie training options:

- Saturdays, [Birkie Training Group Winter Session](#) October 14 to February 3. Registration closes October 12.
- Wednesday Evenings, [Mid-Week \(Eve\) Winter Training Session](#) October 18 to February 7 Registration closes October 16.
- Wednesday Days, [Mid-Week \(Day\) Winter Training Session](#) December 13 to February 7.

Visit the above training pages for specific dates, meet the instructors, and how to register. All sessions are \$295 and are led by CANSI certified experts.

These sessions are for skiers with 2+ years of experience and an average or better fitness level. Just getting started? Local ski clubs offer beginner and novice programs.



Registration Opens... Soon

The Birkie Board is finalizing some details on registration, but we are on track to open in mid-October. There will be our early bird specials and other great inducements to bring friends and ski with a group. Stay tuned.



Falling into a Volunteer Role

The Canadian Birkie is about an event, a legend, a festival, and about a community. Some stories and opportunities to Be-A-Birkie without a set of skies.

Rockin-Pickin-Call for Volunteers, a Success Story

To make the trail safe, the Trail Blazers needed to remove rocks from it. In the last Newsletter, Dan L., our trail maintenance guru asked for help and the Birkie Community responded. Five awesome volunteers will join the exist Trailblazer crew to make the Birkie safe. Thank you to Dan, the new and existing volunteers for your work!

Casino - 5 Night Owl Spots Left

The Casino keeps the Birkie affordable. The Birkie community answered the call for volunteers and we just have five spots left. Unfortunately, they are for those who don't mind a late night. If you are the night owl we are looking for, reach out to Peter K. at birkiecasino23@gmail.com.

Sunday 5 Nov

- Evening Banker, 6:45 pm - 4:00 am
- Cashier, 7:00pm - 3:30 am
- Cashier, 7:00pm - 3:30 am
- Chip Runner, 6:45 pm - 3:30 am

Monday 6 Nov

- Count Room Worker 11:00 pm - 3:30 am

Want to Volunteer but Need to Call a Friend?

There are over 500 volunteer roles needed to organise the Canadian Birkie Ski Festival. Thank you to those who volunteered their time last year and in prior years. Besides contributing to the sport, the Birkie is a chance to meet cool people, learn new skills, and celebrate an Edmonton winter.

Not sure what role is the best fit for you? Our volunteer coordinator, Monica, loves to talk to people. She is known for matching what you can/want to do to what the Birkie needs.

First step, send us a note that you are interested: [Volunteer - \(canadianbirkie.com\)](https://canadianbirkie.com). Monica will be in touch soon after!



Canadian Birkie Ski Festival

February 9-24, 2024

Canadian Birkebeiner Society

7240 82 Avenue NW
Edmonton, AB T6B 0G1

phone: [780-430-7153](tel:780-430-7153)

email: ski@canadianbirkie.com

website: canadianbirkie.com

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