

ARE YOU A CROSS COUNTRY SKIER? VOLUNTEERS REQUIRED

February 9, 2019



Do you want to be immersed in the historic Birkebeiner ski festival?

VOLUNTEER FOR SKI PATROL

The Classic Birkebeiner cross country ski race is a distance of 55 km completed carrying a 5.5 kg pack. This is a tough challenge for many recreational skiers so there are 6 different races offered that suit small children up to the most competitive skiers. As this race covers over 60 km of trails, there is a need for volunteers to be positioned on the course to assist injured and tired skiers and make sure no one goes astray.

Which job is best for you?

- **pre-skier** - ski a section of the course before the race to check the course condition and report problems
- **rover** - ski in the middle of the pack at your own pace acting as roving first aider
- **control** - positioned at course hazards or at critical junctions
- **sweep** - ski at the back of the pack encouraging stragglers and helping with drop-outs

What are the qualifications?

- you do not have to be a good skier to participate
- some volunteers ski the whole course or as little as 2 to 5 km
- first aid experience is appreciated but not mandatory
- need to be appropriately dressed and able to be outside on race day for anywhere from 2 to 6 hours
- great attitude and good at encouraging skiers of all levels
- attend a 3 hour orientation and free dinner on February 6



CONTACT

apply online at canadianbirkie.com or contact Dave directly at info@responsegroup.ca or 780-439-6440