Canadian Birkie News



Early Bird pricing ends October 31! CanadianBirkie.com

There are only 4 days remaining to register for the 2023 Canadian Birkebeiner Festival at the Early Bird rate!

Register now and you can participate in the 2023 Birkie for the same rate as October/November 2021. As of November 1, 2022, our rates will show a small increase compared to previous years due to inflation and the rising costs of running the Canadian Birkebeiner Festival. For more information see our Registration page.

Don't forget to purchase <u>Save Your Spot Insurance</u> when you sign up for the 13, 31, and 55 km ski events. If we cancel your ski event due to extreme weather or unacceptable snow conditions, your registration will be transferred to the same event in 2024.

See our website for details.



Virtual Birkie Registration Opening Soon

Back by popular demand, ski your own pace at your own place in the 2023 Virtual Birkie! Registration for the Virtual Birkie will open on December 1, 2022. See our <u>website</u> for details.



Ski Your Best Birkie

Join one of our Birkie Training Groups designed to help you conquer your Birkie! Fine tune your technique with a focus on skiing the Birkie terrain. Get tips to make your Birkie better. You will enjoy the challenge, instruction, and camaraderie of our Training Groups taught by experienced instructors who have all skied the Birkie. You must have average to excellent fitness, have cross-country skiing experience, and not be a complete beginner.

LIMITED SPOTS LEFT Birkie Training Group Fall/Winter Session

October 22 to February 4, 9:00 am - 10:30 am, Saturdays

NOW OPEN FOR REGISTRATION!

NEW Birkie Training Group Mid-Week Winter Session 2

January 10 to February 9, 1:00pm - 3:00pm, 2x per week on Tuesday/ Thursday NOW OPEN FOR REGISTRATION!



Call for a Birkie Baby

Do you know someone with a baby? It is time to start sending us your nominations for the 2023 Birkie Baby! We are looking for someone to represent our legend's crown prince, Haakon Haakonsson. Contact us for more information.



Edmonton Nordic Ski Swap

In need of some 'new to you' ski gear for the upcoming Birkie season? Our friends at the Edmonton Nordic Ski Club are hosting a ski swap on Saturday November 5th from 2:00pm - 5:00pm at <u>Goldstick Pavilion</u>. We will have a table set up at the swap, so don't forget to swing by to say hello and ask us all of your Birkie questions!



Trailblazers Hard at Work

Our Trailblazing team has been hard at work getting the trails at Cooking Lake-Blackfoot Provincial Recreation Area ready for the upcoming Birkie season. If you see them out there, make sure to thank them for the incredible job they have been doing!



Volunteers Needed

Calling all Birkie fans! Are you creative and want to give back to our awesome Loppet? The Canadian Birkebeiner Society is currently looking for a Merchandise Coordinator and committee members. Ideal volunteers will have experience in merchandising and online store management.

We are also looking for a volunteer to help us gather contact information on all of the cross-country ski clubs in Canada. This is a work from home opportunity. The ideal volunteer will be comfortable working with Microsoft Excel.

Contact us if you are interested in joining the Birkie team!



Spread the News

Help spread the word about the 2023 Canadian Birkebeiner Ski Festival by putting brochures and posters up at your local places of interest. <u>Contact us</u> to arrange pick up of materials from the Birkie office.









Canadian Birkie Ski Festival

February 10-12, 2023

Canadian Birkebeiner Society
7240 82 Avenue NW

Edmonton, AB T6B 0G1

phone: <u>780-430-7153</u> email: <u>ski@canadianbirkie.com</u> website: <u>canadianbirkie.com</u>

King Haakon Circle Sponsors

Alberta Government
City of Edmonton
Global Edmonton
Imperial Oil
Madshus
Torskeklubben Edmonton
Ukrainian Cultural Heritage Village

Prince Haakon Circle Sponsors

Melcor Strathcona County Wingspan Studio

Inga Fra Varteig Circle Sponsors

Alley Kat Brewing Company
Fast Trax
Ostrem Chemicals
Salomon
Totem Outdoor Outfitters
Track 'N Trail

Want to change how you receive these emails?

<u>Unsubscribe from this list.</u>

Copyright © 2022 Canadian Birkebeiner Society, All rights reserved.