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Canadian Birkie News



Over 1300 signed up so far

On the first weekend of the 2022 Canadian Birkie Ski Festival volunteers welcomed over 1300 participants. There were 1046 skiers registered for the in-person Birkie Saturday ski events, 135 people signed up for the Vikings' Feast on Saturday night, and 166 skiers registered for the Barnebirkie family ski events. Thanks for coming out; the Birkie is back, baby! We loved seeing your smiling faces and a lot of fun was had by all!



Virtual sign up available until Feb 28

Registration for the Virtual Canadian Birkie is available until February 28. Grab a friend and enjoy winter. Check out the 4 for 3 deal and the Merino wool Birkie toque [here](#). There are over \$3,100 prizes to be won in the Virtual Birkie [photo contests](#). Lots of chances to win! Grand prize is a cross country ski weekend in the Canadian Rockies: two nights at the [Castle Mountain Chalets](#) in Banff National Park valued at \$459.



Mayors and mascots

The following VIVs, Very Important Vikings, attended the 2022 Canadian Birkie Ski Festival!

1. Minister Nate Glubish, Minister of Service Alberta and MLA for Strathcona-Sherwood Park, brought greetings from the province of Alberta at the 13 km Short Start
2. Mayor Amarjeet Sohi brought greetings from the City of Edmonton at Barnebirkie
3. Reeve David Diduck, greetings from the County of Lamont at the Long Start
4. Mayor Kirk Perrin, greetings from the Town of Lamont at the Long Start
5. Kaare Boraas, greetings from Torskeklubben of Edmonton at the Long Start
6. Oak the Viking, sporting period costumes at fair, feast and family event
7. Ole Uffda, big high fives from our City of Camrose mascot
8. Klister the Rabbit, fun and antics from Nordiq Alberta's mascot



Ski under the Full Moon!

This weekend is the Full Moon Birkie! Grab a friend and a headlamp for Saturday, February 19, 6 p.m. at Cooking-Lake Blackfoot Provincial Recreation Area. Leaving from the Waskahegan Shelter, you will ski from 2 to 12 km under the moonlight! [Register online](#) until Noon on Feb. 18 or onsite on Feb 19 for only \$10. All proceeds go to post-ski hot beverages and snacks.



Medals available for pick up or mail

If you are eligible to receive an overall or age category award, you can pick it up in-person between 10 a.m. and 4 p.m. on Friday Feb. 18 in the lobby of the Birkie Office at the Alberta Gold Business Centre at 7240 – 82 Avenue NW, Edmonton. The Canadian Birkebeiner Society will mail out all medals not picked up.



Physio Q & A worked

Our second attempt at the Ask a Physio Live Facebook Seminar worked. Yeah! Thank you so much to Sunny Deol, Physiotherapist and Owner at Pursuit of Motion for sharing his knowledge with our skiers. If you missed it on Wednesday, you can catch it at this link [here](#).



Ski stickers and buffs

Skiers who participated in our in-person ski events received gift bags at the finish line. If you didn't get your gift bag for some reason, please contact our [office](#). It contained complimentary snacks, Birkie ski sticker and Madshus neckwarmer.



Thank you to our volunteers and sponsors

Huge thank you to our amazing volunteers and sponsors. These wonderful people are the reasons we are able to produce cross country ski events for you. The Canadian Birkebeiner Society encourages you to support and shop at our [Birkie sponsors](#). This just in ... Track 'N Trail is having a [Birkie SALE!](#)

You are also invited to be a part of our organization. We are looking for people like you to help on our fun organizational committees. Check out our [volunteer](#) webpage and [contact us](#) today.





Canadian Birkie Ski Festival

Feb 11-28, 2022

Canadian Birkebeiner Society

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