

# Canadian Birkie News

Nov 6, 2019 [View this email online](#)



## Start training now

With the Birkie less than a hundred days away, it's time to start training. We offer a number of training opportunities so you can get in shape in a fun, supportive group setting.

### **Birkie Training Group Mid-Week Session**

Wednesday afternoons, 10:00 a.m. to 11:30 a.m.

10 sessions starting November 20, 2019

[Lower Gold Bar park shelter](#) at 10955 50 Street Edmonton

More details on our [webpage](#).

### **Birkie Learn to Loppet Session**

Introduction and waxing clinic Saturday January 4th, 2020

Monday evenings, 7:00 p.m. to 9:00 p.m.

4 sessions starting January 6, 2020

[Lower Gold Bar park shelter](#) at 10955 50 Street Edmonton

More details on our [webpage](#).

### **Birkie Rookie Package**

Sunday afternoons, 1:00 p.m. to 3:00 p.m.

3 sessions starting January 19, 2020

[Strathcona Wilderness Centre](#) 52535 Range Road 212, Ardrossan

More details on our [webpage](#).



## Mark calendars for Full Moon Ski

You and your friends and family can have fun skiing under the light of the full moon! We provide patrollers, sweep and hot chocolate. Grab your skis and headlamp for the [Full Moon Birkies](#).

Friday, December 13, 2019

Friday, January 10, 2020

Time: 6:00 p.m. - 10:00 p.m.

Place: Cooking Lake-Blackfoot Provincial Recreation Area, [Waskahegan Staging Area](#)



## Looking for volunteers to help

Are you able to help the Birkie? Here are a few positions we are currently looking to fill:

**Chief of Festival Tent, Loppet Committee** We are in need of a person to be in charge of food and volunteers in our Stadium Festival Tent. You will receive guidance on how to make this happen from seasoned Birkie volunteers.

**Human Resources Director** We need a volunteer to help us direct our staff and volunteers. You will be helping to match up people's skill sets and interests with available jobs. Inquire today.

**Fund Development Director** We need a volunteer to help us obtain grants and sponsorship. We are looking for someone with fund development experience to take on this portfolio on the Board of Directors.

**Director-at-Large** We need a long-term Birkie skier for our Board of Directors who has knowledge of our past events and ideas for our future activities. You will be an integral part of improving our community's physical and mental health throughout the winter months!

Check out our [Volunteer webpage](#). Please [contact](#) us with your interest.



## **NEW Secure your Spot Insurance**

This year 13, 31 and 55 km skiers get the option of purchasing Secure Your Spot Insurance. If we cancel your ski event for any reason, your registration will be transferred to the same event in 2021. You get a full carry-forward credit for one year! Please note this insurance is not available to 2019 Secure Your Spot carry forward recipients and is available only at the time of registration.



## Thank you volunteers!

Thanks to our volunteers and Red Bibber Paul Zimmermann from the Edmonton Nordic Ski Club for taking the lead on setting up the 2019 Birkie Sunday course. You helped make Birkie Sunday at the Silver Skate Festival in Hawrelak Park a reality. Fun was had by all!



## Enter to win the Birkie Story Contest

Attention all past Birkie Skiers! We invite you to send us your funniest, most memorable and most triumphant Birkie memories. There are so many epic stories of perseverance, love and hilarity from our 30 years of Birkies. Here is your chance to commemorate our past and share them to win. The details and prizes are outlined on the [Story Contest web page](#).



## Birkie swag is available

Birkie swag is now available to purchase, including this year's shirts. Check out our swag [gallery](#) and order [online](#).

Please do not reply to this newsletter, office contact information below.

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